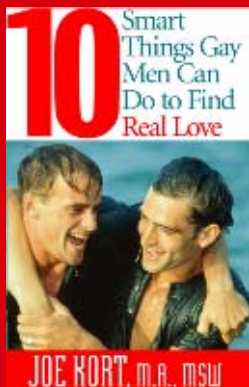




Upcoming Workshop Dates:

May 2-3, 2009

Saturday 9:30am
to 9pm
Sunday 9:30 am to
6pm



reclaiming the man in the MIRROR

A Workshop for Gay Men on Sex, Love and Intimacy

Into the Light: Making Love Less Elusive
We live in a sexually illiterate society, with little to no permission to examine openly our sexuality in terms of orientation, behavior and fantasies. Most people, gay and straight alike, do not know if their sexual fantasies and/or sexual acts are healthy versus unhealthy.

While gay men are more inclined to act out their sexual desires and fantasies more openly than their heterosexual counterparts, there is still confusion as to what is positive and self-affirming and what is not.

There is also confusion about what is sex, what is love and what is intimacy. This workshop will explore the definitions of each of these and how to integrate them all together for gay men.

Much of our culture as gay men, as well as for our heterosexual counterparts, are confused about how to make this integration. There is also confusion about how to have healthy sex, love and intimacy without having to have all of them combined.

This workshop will help clarify all of this.

- How do you define sex?
- What is healthy versus unhealthy sex?
- Do you understand the secret logic of your sexual fantasies?
- What is your sexual shadow?
- Are you sexually addicted, compulsive or just have a large sexual appetite?
- Do you carry sexual shame?
- How do you feel about your body?
- Do you want to improve your sex life?
- Are you getting the love you want in your relationship?



- Are you keeping the love you find when you think you found Mr. Right?
- What is your definition of love?
- What is your definition of intimacy?

These are just some of the questions we will be examining at the upcoming workshop. The workshop will include **guided imagery, experiential exercises, communication exercises and lectures.**

We will explore sexual behavior and fantasies with understanding, compassion, and without judgment.

No workshop participant will be required to share any private thoughts or fantasies. What I will do is help you translate your private thoughts, discover their origins and understand what they say about you. In my years of practice as a psychotherapist, I've learned that if you can uncover the coded material or story, the non-sexual parts of it, then I can help participants a lot better. It's not to pathologize—it's about knowing ourselves better as gay men.

Hence the title of the workshop, "Reclaiming the Man in the Mirror." It's based on an article by Joe Kort called "The Men In The Mirror: Understanding Gay Men and Their Porn," published in *In The Family* magazine, Summer 2002.

For the full text of the article, please visit www.joekort.com.

For the latest information on this or any of Joe Kort & Associates' other workshops, please visit www.joekort.com.

Workshop Registration Form

A 50% deposit is required to reserve a spot, with the balance due 7 days before the start of the workshop. The registration fee includes the workshop itself, workbooks, and coffee and tea. Meal breaks and accommodations are not included in the workshop price. You will receive a letter and a map in the mail once we have processed your registration fee.

If you have to cancel and do so at least 7 days before the workshop, all but \$100 of your registration fee (\$50 for the *Reclaiming the Man in the Mirror* workshop) will be refunded to you. No refunds will be made if (1) you cancel less than 7 days before the workshop; (2) you do not attend; and (3) you do not complete the workshop.

Workshop Information

- Getting the Love You Want (Gay and Lesbian Couples) / April 4-5, 2009/ \$650 percouple

- Getting the Love You Want (Heterosexual Couples) /January 24-25, 2009/ \$650 per couple
- Keeping the Love You Find: A Relationship Class for Gay, Lesbian and Straight Singles/
Dates: TBA
- Reclaiming the Man in the Mirror (*Gay/Bisexual Men*) / May 2-3, 2009 / \$450 per participant

I learned about this workshop from _____

Contact Information

Participant's Name _____

eMail address _____

Street Address _____

City _____ State _____ Zip Code _____

Phone Number _____ Alternate Phone Number _____

Second Participant's Name (*couples workshops only*) _____

eMail address _____

Street Address _____

City _____ State _____ Zip Code _____

Phone Number _____ Alternate Phone Number _____

Payment Information

By Check I am enclosing a check made payable to Joe Kort in the amount of _____

By Credit Card Visa Mastercard Discover

Credit Card Number _____

Amount to be charged to credit card _____ Expiration Date _____

Name on Credit Card _____

Signature _____

Mail completed form along with payment to

Joe Kort & Associates, PC | 25600 Woodward Ave., Ste 218, Royal Oak, MI 48067

For more information call 248.399.7317 or visit www.joekort.com